

**TOASTED TEACAKE** GLUTEN-WHEAT

**TOAST/TOAST FOR TWO** GLUTEN-WHEAT

**GRANOLA** ALMONDS/PECAN/HAZLENUT/WALNUT

**TOASTED BANANA BREAD** WHEAT-GLUTEN/EGGS/MILK

**ESPRESSO BUTTER** DAIRY

**LEMON FRENCH TOAST WITH HONEY**

GLUTEN-WHEAT/EGGS/DAIRY

**PANCAKES** WHEAT

**SALMON SUNRISE BAGEL**

GLUTEN-WHEAT/SOYA/FISH

**MAPLE BLT BREAKFAST BAGEL**

GLUTEN-WHEAT/SOYA/DAIRY/EGG

**SPICY HALLOUMI BAGEL**

GLUTEN-WHEAT/SOYA/DAIRY

**VEGGIE GARDEN BAGEL**

GLUTEN-WHEAT/SOYA

**THYME KITCHEN BREAKFAST**

GLUTEN-WHEAT/EGGS/MUSTARD/EGG

**THYME KITCHEN VEGETARIAN BREAKFAST**

GLUTEN-WHEAT/EGGS/MILK/MUSTARD/EGG

**THYME KITCHEN VEGAN BREAKFAST**

GLUTEN-WHEAT/MUSTARD/SOYA

**THYME KITCHEN BREAKFAST BURRITO**

GLUTEN-WHEAT/EGGS

**MUSHROOMS ON SOURDOUGH TOAST**

GLUTEN-WHEAT/MILK

**WELSH RAREBIT ON SOURDOUGH TOAST**

GLUTEN-WHEAT/BARLEY/FISH/MILK/MUSTARD/SULPHUR  
DIOXIDE

**SMASHED AVOCADO ON SOURDOUGH TOAST**

GLUTEN-WHEAT

**POACHED EGGS & SMOKED SALMON MUFFIN**

GLUTEN-WHEAT/SOYA/FISH/EGGS

**HOLLANDAISE SAUCE;** EGGS/MILK

**PERSIAN EGGS**

GLUTEN-WHEAT/EGGS/MILK/SESAME SEEDS

**HERBY CORN FRITTERS (GF)**

EGGS/MILK

**BREAKFAST NAAN**

GLUTEN-WHEAT/EGGS/MILK

**VEGETARIAN NAAN**

GLUTEN-WHEAT/EGGS/MILK

**MEXICAN STYLE BAKED EGGS**

EGGS/MILK/SULPHITES

**PESTO BAKED EGGS, GREEN PESTO**

WHEAT/EGGS/MILK/PINE NUTS

**FRESHLY MADE SOUP**

**CHORIZO, SWEET POTATO HASH**

GLUTEN-WHEAT/EGGS

**PACKINGTON ROAST CHICKEN SANDWICH**

GLUTEN-WHEAT

**VEGGIE SANDWICH**

GLUTEN-WHEAT/SESAME SEEDS

**CHICKEN & MANGO SALAD** SULPHITES

**CHICKEN CAESAR SALAD** DAIRY/FISH/GLUTEN/EGGS

**FETA CHEESE SALAD** SULPHITES/DAIRY

**CHICKEN & MUSHROOM PIE, PUFF PASTRY TOP**

GLUTEN-WHEAT/MILK/MUSTARD

**MUSHROOM & VEG PIE, PUFF PASTRY TOP**

GLUTEN-WHEAT/MILK/MUSTARD

**THYME KITCHEN BAP**

GLUTEN-WHEAT/SOYA

**VEGETARIAN THYME KITCHEN BAP**

GLAMORGAN SAUSAGE; WHEAT/MILK/MUSTARD/SOYA

**SAUSAGE BAP** GLUTEN/WHEAT/MILK/SOYA

**VEGETARIAN SAUSAGE BAP** GLAMORGAN SAUSAGE;

WHEAT/MILK/MUSTARD

**BACON BAP** GLUTEN/WHEAT/MILK/SOYA

**MUSHROOM BAP** GLUTEN-WHEAT/MILK/SOYA

**PLEASE NOT WE CAN MAKE A DISH GLUTEN FREE  
BY SWITCHING TO GF BREAD**

**CAKES & PASTRIES**

**CROISSANT** GLUTEN-WHEAT/DAIRY/EGGS

**PAIN AU CHOCOLAT** GLUTEN-WHEAT/DAIRY/EGGS/SOYA

**TRIPLE CHOCOLATE BROWNIE (GF)**

DAIRY

**FRUIT SCONE**

DAIRY/GLUTEN-WHEAT

**VICTORIA/LEMON/COFFEE/BISCOFF/CARROT**

**CHOCOLATE/LEMON THYME/LEMON BLUEBERRY/**

**RASPBERRY WHITE CHOC/RED VELVET/FRUIT CAKE/**

**SCONES** GLUTEN-WHEAT/EGGS/MILK

**CHERRY BAKEWELL** GLUTEN-WHEAT/EGGS/MILK/NUTS

**COFFEE WALNUT** GLUTEN-WHEAT/EGGS/MILK/NUTS